

LIFE COACH IN A WEEKEND SCHEDULE

All times are EST

Day One

8:30am - 9:00am Meet & Greet
9:00am - 11:00am Training, Module 1
11:00am - 11:30am Morning Recess
11:30am - 1:30pm Training Module 2

Day Two

11:00am - 11:10am Pleasantries & Review
11:10am - 12:40pm Training Module 3
12:40 CELEBRATION!